# **INCLUSIVE HEALTH INNOVATION GRANTS**



#### ANNOUNCEMENT OF RECIPIENTS

Special Olympics International (SOI) is pleased to announce Inclusive Health Innovation Grant awards to eight members of the Inclusive Health Learning Community. These grants, supported by the Centers for Disease Control (CDC) and the Golisano Foundation, reflect SOI's commitment to inclusive health and to improving access to mainstream health services in the U.S. for people with intellectual disabilities (ID).

The Inclusive Health Innovation Grants program is the natural extension of the May 2017 Inclusive Health Forum that launched SOI's inclusive health dialogue with a select group of industry leaders. This dialogue has focused on creating models for inclusion of people with ID in mainstream policies, programs, services, and care. These grants are intended to support inclusive health efforts in the area of healthy weight, to help the organizations make meaningful inclusive health efforts over the next year. The first round of grants was open only to members of the Inclusive Health Learning Community; future grants will be open to all national-level organizations.

## JCC ASSOCIATION

# Mini-grants to JCCs

JCC Association will be awarding mini-grants to JCCs looking to create inclusion programs for people with ID or to enhance existing programs that have already proven effective. Mini-grants will be designed to be replicable by other JCCs as well as outside agencies.

# **AMERICAN PUBLIC HEALTH ASSOCIATION (APHA)**

# Optimizing Healthy Weight Outcomes for Individuals with Intellectual Disabilities

The project will demonstrate measurable progress among components of the public health system toward the following outcomes: 1) increased availability of resources, tools, and trainings focused on competencies and skills in providing health services to people with ID; 2) increased implementation of evidence-based public health programs, policies and services; 3) improved capacity to meet nationally-established standards for health department accreditation; and 4) establishment and maintenance of diverse public health partnerships for meaningful cooperation and achievement of evidence-based public health strategies and interventions.

# **AMERICAN ACADEMY OF PEDIATRICS (AAP)**

**Pediatrician - Intellectual Disabilities Community Partnerships to Support Healthy Weight Initiatives** This project will award mini-grants to members of AAP's Section on Obesity through a competitive process. These activities will partner pediatricians and members of the ID community to support inclusion of children with ID in prevention, assessment, and management of overweight and obesity. Mini-grants will create sustainable healthy weight initiatives for children with ID and build capacity among AAP members to collaborate with the ID community to address inclusive health issues.

# **PUBLIC HEALTH ACCREDITATION BOARD (PHAB)**

#### Public Health Accreditation Advanced to Achieve Inclusive Health

PHAB will identify best practices and develop case studies from accredited health departments that have initiated inclusive health/healthy weight strategies with their communities. This information will be used by an expert panel to provide recommendations to the PHAB Accreditation Improvement Committee and to the PHAB Board of Directors for consideration for inclusion in Version 2.0 of the accreditation standards and measures. The case studies and recommendations will also be distributed to PHAB's stakeholders through its e-newsletter, website, and a hosted webinar.

## NATIONAL FITNESS FOUNDATION

The Power of Inclusion in Fitness Education: Resources to Prepare Students to be Active for Life The National Fitness Foundation will develop web-based resources intended to bolster the confidence of physical educators working with students with ID so that they can successfully include these students in the fitness education process. Students with ID will be provided with a fitness education that is equal in quality and depth to the fitness education provided to students without ID, and physical educators will be empowered to address the inclusion of students with ID in the fitness education process.

# AMERICAN ACADEMY OF PHYSICAL MEDICINE AND REHABILITATION (AAPM&R)

## Physical Medicine & Rehabilitation Physicians: Advocates for Inclusive Health

AAPM&R grant activities will promote the intentional inclusion of people with ID as a key patient population served by its physicians. AAPM&R will be engaging in several activities across the continuum of medical education, including working to integrate education on delivering healthcare for people with ID and on supporting Healthy Weight objectives for people with ID into PM&R physician training.

## CENTER FOR SCIENCE IN THE PUBLIC INTEREST (CSPI)

# Collaborations to develop a model food service guideline that would facilitate better access to healthier foods for individuals with ID living in home care settings

In partnership with the American Network of Community Options and Resources (ANCOR - an organization that represents community providers of services to people with disabilities), CSPI will develop an initial model food service guideline (FSG) and identify additional resource needs. This FSG will facilitate greater access to healthy food in group homes serving people with ID, and is a low-cost and effective disease prevention strategy.

## YMCA- HOCKOMOCK

## **Evidence-based Health Intervention Inclusive Pilot**

YMCA will enroll persons with ID in their evidence-based Healthy Weight and Diabetes Prevention programs. Participants will achieve defined program outcomes by learning strategies for healthy eating and increased physical activity. YMCA will also pilot a co-facilitator model by providing an inclusion specialist in the classroom. This model will allow curriculum modification where appropriate to help people with ID and their families meet the program outcomes.

For any questions about the Inclusive Health Grants Program, please contact <u>inclusivehealth@specialolympics.org.</u>